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press release, information

# Fruit

## **3<sup>rd</sup> International Fruit Day**

On 1<sup>st</sup> July 2009 it's the third International Fruit Day. For the first time the International Fruit Day Festival is celebrated Saturday, 4<sup>th</sup> July 2009 for families and friends from 2 – 6 pm in the wall park (Mauerpark) in Berlin.

Of course International Fruit Day is all about fruits and vegetables! People are invited to eat and share fruits together. Even if one is scarcely with cash, the preservation of self-confidence and health is always of importance. To do "something good for others and yourself" is easy: invite family, friends and your work team and share fruits with them. You will easily start subjects talking about fruits and vegetables.



### ***For a peaceful cooperation***

The project fair "strengthen democracy together" from 25<sup>th</sup> to 26<sup>th</sup> June 2009 promotes projects of the federal programmes "Variety is good. Youth for variety, tolerance and democracy" and "competently. For democracy - consultation networks against right-wing extremism".



### ***International day of the family***

The international day of the family is on the 15<sup>th</sup> of May. This is celebrated since 1994 worldwide. In 2009 this family day created by the United Nations stands under the motto "mothers and families - challenges in a changing world". Families should be strengthened in their function for social processes of development and be supported to develop forces at national and

local levels.

### ***Save the dates***

International Fruit Day is annually July 1.

International Fruit Day Festival 2009 July 4<sup>th</sup> @ wall park (Mauerpark) in Berlin

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If you have any questions, please contact me. I will be grateful if you would like to share this positive information with people you know.

Fruity Regards

International Fruit Day

socialjoker – fruits for life

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